



You can help sustain Sarah's Circle services by making individual in-kind donations or designing a group drive. Below you will find a list of toiletries that we provide our clients with on a daily basis – thank you for your support!

## Toiletries

Providing basic toiletries to our clients is a large aspect of the physical services that we offer. Toiletry donations (preferably travel size) are of great value.

These may include:

- Toothbrushes and Toothpaste
- Deodorant
- Shampoo and Conditioner
- Lotion
- Bar Soap
- Shower Gel
- Tampons and Pads
- Shower Caps
- Foot Care
- Razors
- Over the counter medications
- Daily vitamins
- Bands Aids
- Sewing Kits
- Chap Stick
- Q-tips

## CONTACT

Caitlin Joycesmith  
Volunteer and Education Coordinator  
Sarah's Circle  
4750 N. Sheridan Road, Suite 220  
Chicago, IL 60640  
773.728.1991 x303  
[cjoycesmith@sarahs-circle.org](mailto:cjoycesmith@sarahs-circle.org)